

A U G U S T

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Buena Salud[™] Club

1-866-783-2645

Let's Talk about Vaccination

Vaccines are safe, effective, and can save your life. Vaccines are not just for babies. Teens and adults from ages 20 to 80+ need vaccines to prevent a variety of diseases. There are specific recommendations for each vaccine. For example, the Human papillomavirus (HPV) vaccine is recommended for males and females aged 9 through 26; the flu vaccine is for everyone 6 months and older; and the shingles vaccine is just for adults over 60 years old.

Tip of the month.

Is your vaccine still working?
Sometimes vaccine protection may diminish over time and make it necessary to receive another dose or "booster" vaccine.

Learn more. Be one of the first 100 callers to the Buena Salud® Club at 1-866-783-2645 (toll-free) and receive a FREE vaccination pamphlet that includes the vaccine schedule for all ages. You can also get answers to your health questions, and we can help you find a FREE vaccination site where you live!

National Alliance for Hispanic Health - www.hispanichealth.org



Por tu vida
¡Vacúnate ya!
Looking Good, Staying Healthy
Vaccinate Now!
Adapted from: Health Resources

Protect your health. Vaccinate!

1. Getting a vaccine will not give you the disease it protects against.
2. Vaccines not only help protect you but also your loved ones and the entire community.
3. Good nutrition and fitness are not enough to protect you against vaccine-preventable diseases.
4. Young and healthy adults are not immune from disease and can get very sick too.
5. The cost of treating vaccine-preventable diseases can be very expensive.
6. Vaccines can mean the difference between life and death. Do not wait until it is too late.
7. Talk with your healthcare provider about the vaccines you need.



**CALL 1-866-783-2645
TO TAKE ADVANTAGE
OF THIS SPECIAL OFFER
TODAY!**

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